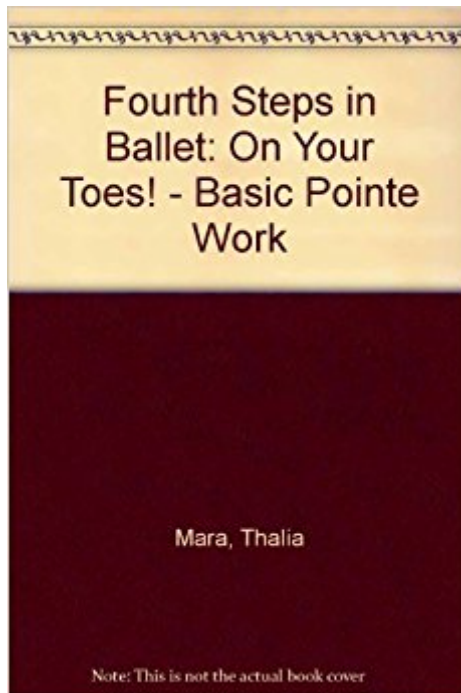




The book was found

Fourth Steps In Ballet On Your Toes: Basic Pointe Work



Book Information

Paperback: 64 pages

Publisher: Princeton Book Company Publishers (April 1987)

Language: English

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Customer Reviews

I think this is a great book for someone who has just begun pointe work and wishes to gain more information about it. It's a better book for a beginner than for one who already has pointe experience, yet some advanced dancers may gain some insight on proper pointe technique since most of us fall into some bad habits. Overall its a good book with good information!

I liked it but it was mostly techniques. It was a bit outdated but it would be worth your time to look through it

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